

THE ORDER FOR THE TYPIKA SERVICE WHEN WE ARE UNABLE TO ATTEND CHURCH

SUNDAY, MAY 16, 2021

**3rd Sunday of Pascha
Holy Myrrhbearing Women**

Ven. Theodore the Sanctified, disciple of Ven. Pachomius the Great (368). Translation of the Relics of Ven. Ephraim, Abbot of Perekop (Novgorod, 1545), Ven. Cassian (1537) and Lavrentii (Laurence) (1548), Abbots of Konel' (Vologda). St. Alexander, Archbishop of Jerusalem (213-250). Martyrs Vitus, Modestus, and Crescentia, at Lucania (ca. 303). Bl. Child Musa of Rome (5th c.). St. George, Bishop of Mitylene (9th c.). New Martyr Nicholas of Metsovo (17th c.). Saint Brendan the Navigator

THE SERVICE TAKES PLACE IN FRONT OF OUR ICON CORNERS

EVERYONE: O, God cleanse me a sinner and have mercy on me! (3x)

READER: Through the Prayers of Our Holy Fathers, O Lord Jesus Christ Our God, Have Mercy on us.

EVERYONE: Amen. "Christ is risen from the dead, trampling down death by death and upon those in the tombs bestowing life!" (3x)

READER: Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)
Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O most Holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for Thy Name's sake.

Lord have mercy. Lord have mercy. Lord have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

EVERYONE: Our Father, Who art in heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

READER: Through the Prayers of Our Holy Fathers, O Lord Jesus Christ Our God, Have Mercy on us.

READER: Amen. Lord have mercy (12x)

EVERYONE: Amen. Followed by the Singing of the First Antiphon.

Bless the Lord, O my soul! Blessed are Thou, O Lord! Bless the Lord, O my soul; and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits. Who forgives all your iniquity, who heals all your diseases. The Lord is compassionate and merciful, long suffering and of great goodness. Bless the Lord, O my soul, and all that is within me, bless His holy name. Blessed art Thou, O Lord!

THE LITTLE LITANY is not said in the absence of a Priest or Deacon. The reader continues:

READER: Amen. Lord have mercy (12x)

READER: Through the Prayers of Our Holy Fathers, O Lord Jesus Christ Our God, Have Mercy on us.

EVERYONE: Amen. Followed by the singing of the Second Antiphon.

Glory to the Father, and to the Son, and to the Holy Spirit.

Praise the Lord, O my soul! I will praise the Lord as long as I live; I will sing praises to my God while I have being. Put not your trust in princes, in sons of men in whom there is no salvation. When his breath departs he returns to his earth, on that very day his plans perish. The Lord will reign forever; Your God, O Zion, to all generation.

Now and ever and unto ages of ages. Amen. Only-begotten Son and immortal Word of God, Who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, Who without change didst become man and wast crucified, Who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: O Christ our God, trampling down death by death, save us!

THE LITTLE LITANY is not said in the absence of a Priest or Deacon. The reader continues:

READER: Amen. Lord have mercy (12x)

READER: Through the Prayers of Our Holy Fathers, O Lord Jesus Christ Our God, Have Mercy on us.

EVERYONE: Amen. Followed by the singing of the Third Antiphon.

In Thy Kingdom remember us, O Lord, when Thou comest into Thy Kingdom. Blessed are the poor in spirit, for theirs is the Kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst after righteousness, for they shall be filled. Blessed are the merciful, for they shall obtain mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called the sons of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of Heaven. Blessed are you when men shall revile you and persecute you, and shall say all manner of evil against you falsely for my sake. Rejoice and be exceedingly glad, for great is your reward in heaven.

Followed by the singing of the appointed Troparia for the day:

Troparion for Resurrection - Tone 2

When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead. And when from the depths Thou didst raise the dead, all the powers of heaven cried out://
"O Giver of life, Christ our God, glory to Thee!"

Glory to the Father, and to the Son, and to the Holy Spirit.

Troparion for Pentecostarion - Tone 2

The noble Joseph, when he had taken down Thy most pure Body from the Tree, wrapped it in fine linen and anointed it with spices, and placed it in a new tomb. But Thou didst arise on the third day, O Lord, // granting the world great mercy.

Now and ever and unto ages of ages. Amen.

Troparion for Pentecostarion - Tone 2

The Angel came to the myrrhbearing women at the tomb and said: "Myrrh is fitting for the dead; but Christ has shown Himself a stranger to corruption! So proclaim: 'The Lord is risen, // granting the world great mercy.'"

THE EPISTLE LESSON

READER: The Prokeimenon is in the 6th Tone:

O Lord, save Thy people and bless Thine inheritance!

CHOIR: *O Lord, save Thy people and bless Thine inheritance!*

READER: To Thee, O Lord, will I call. O my God, be not silent to me!

CHOIR: *O Lord, save Thy people and bless Thine inheritance!*

READER: O Lord, save Thy people!

CHOIR: *And bless Thine inheritance!*

READER: THE READING IS FROM THE ACTS OF THE HOLY APOSTLES.

READER: {ACTS 6:1-7}

In Those Days:

Now in those days, when *the number* of the disciples was multiplying, there arose a complaint against the Hebrews by the Hellenists, because their widows were neglected in the daily distribution. Then the twelve summoned the multitude of the disciples and said, "It is not desirable that we should leave the word of God and serve tables. Therefore, brethren, seek out from among you seven men of *good* reputation, full of the Holy Spirit and wisdom, whom we may appoint over this business; but we will give ourselves continually to prayer and to the ministry of the word." And the saying pleased the whole multitude. And they chose Stephen, a man full of faith and the Holy Spirit, and Philip,

Prochorus, Nicanor, Timon, Parmenas, and Nicolas, a proselyte from Antioch, whom they set before the apostles; and when they had prayed, they laid hands on them.

Then the word of God spread, and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith

READER: Alleluia! Alleluia! Alleluia!

CHOIR: Alleluia! Alleluia! Alleluia!

READER: O Lord, Thou hast been gracious to Thy land; Thou hast turned back the captivity of Jacob.

CHOIR: Alleluia! Alleluia! Alleluia!

READER: Mercy and truth are met together, righteousness and peace have kissed each other.

CHOIR: Alleluia! Alleluia! Alleluia

THE GOSPEL LESSON

READER: And that we may be accounted worthy of hearing the Holy Gospel, let us pray to the Lord God.

EVERYONE: Lord have mercy (3x)

READER: Let us listen to the Holy Gospel. The Reading is from the Holy Gospel according to Saint Mark.

EVERYONE: Glory to Thee, O Lord, glory to Thee.

READER: MARK 15:43-16:8 (Sunday of The Myrrhbearing Women)

Let us Attend!

Joseph of Arimathea, a prominent council member, who was himself waiting for the kingdom of God, coming and taking courage, went in to Pilate and asked for the body of Jesus. Pilate marveled that He was already dead; and summoning the centurion, he asked him if He had been dead for some time. So when he found out from the centurion, he granted the body to Joseph. Then he bought fine linen, took Him down, and wrapped Him in the linen. And he laid Him in a tomb which had been hewn out of the rock, and rolled a stone against the door of the tomb. And Mary Magdalene and Mary *the mother of* Joses observed where He was laid.

Now when the Sabbath was past, Mary Magdalene, Mary *the mother* of James, and Salome bought spices, that they might come and anoint Him. Very early in the morning, on the first *day* of the week, they came to the tomb when the sun had risen.

EVERYONE: Glory to Thee, O Lord, glory to Thee.

**READER: Remember us, O Lord, when Thou comest into Thy Kingdom.
Remember us, O Master, when Thou comest into Thy Kingdom.
Remember us, O Holy One, when Thou comest into Thy Kingdom.**

**THE LITANY OF FERVENT SUPPLICATION is not said
in the absence of a Priest or Deacon. The reader continues:**

READER: Amen. Lord have mercy (12x)

READER: Through the Prayers of Our Holy Fathers, O Lord Jesus Christ Our God, Have Mercy on us.

EVERYONE: Amen.

READER: The Heavenly Choir sings Thy praises and cries out: Holy, Holy, Holy Lord of Sabaoth; Heaven and earth are full of Thy glory.

READER: Draw nigh unto Him, and be enlightened; and your faces shall not be put to shame.

READER: The Heavenly Choir sings Thy praises and cries out: Holy, Holy, Holy Lord of Sabaoth; Heaven and earth are full of Thy glory.

READER: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

READER: The Choir of Holy Angels and Archangels, with all the Powers of Heaven, sings Thy praises and cries out: Holy, Holy, Holy Lord of Sabaoth, Heaven and earth are full of Thy glory.

THE SYMBOL OF FAITH (THE NICENE CREED)

EVERYONE: I believe in one God, the Father Almighty, Maker of Heaven and Earth and of all things visible and invisible. And in one Lord Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages. Light of light; true God of true God, begotten, not made; of one essence with the Father, by Whom all things were made. Who for us men and for our salvation came down from Heaven, and was incarnate of the Holy Spirit and the Virgin Mary and became man. And He was crucified for us under Pontius Pilate, and suffered, and was buried. And the third day He arose again, according to the Scriptures, and ascended into Heaven, and sits at the right hand of the Father; And He shall come again with glory to judge the living and the dead. Whose kingdom shall have no end.

And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified, Who spoke by the prophets.

In One, Holy, Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins. I look for the Resurrection of the dead, and the life of the world to come. Amen.

**THE LITANY OF SUPPLICATION is not said
in the absence of a Priest or Deacon. The reader continues:**

READER: Amen. Lord have mercy (12x)

READER: Through the Prayers of Our Holy Fathers, O Lord Jesus Christ Our God, Have Mercy on us.

EVERYONE: Our Father, Who art in heaven, hallowed be Thy name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

READER: Through the prayers of our Holy Fathers, O Lord Jesus Christ, Son of God, have mercy on us and save us.

**EVERYONE: Amen. (Followed by the singing of the appointed Kontakia)
Kontakion for The Myrrhbearing Women - Tone 2**

Thou didst command the Myrrhbearers to rejoice, O Christ God. By Thy Resurrection, Thou didst stop the lamentation of Eve, the first mother. Thou didst command them to preach to Thine Apostles://
"The Savior is risen from the tomb!"

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Kontakion for Holy Pascha - Tone 8

Thou didst descend into the tomb, O Immortal, Thou didst destroy the power of death. In victory Thou didst arise, O Christ God, proclaiming, "Rejoice!" to the Myrrhbearing Women,// granting peace to Thine Apostles, and bestowing Resurrection on the fallen.

READER: Lord have mercy (12x)

O All-Holy Trinity, Consubstantial Power, Undivided Kingdom, Origin of all Good: be graciously inclined unto me, a sinner. Make steadfast my heart and give it understanding, and take away from me every defilement. Enlighten my mind, that I may ever glorify, praise and worship Thee, and say: One is Holy, One is the Lord Jesus Christ, to the glory of God the Father. Amen.

Blessed be the Name of the Lord, henceforth and forevermore. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

PSALM 34

READER: I will bless the Lord at all times; His praise shall be continually in my mouth. In the Lord shall my soul be praised; let the meek hear and be glad. O magnify the Lord with me, and let us exalt His name together. I sought the Lord, and He heard me, and delivered me from all my troubles. Draw nigh unto Him, and be enlightened, and your faces shall not be put to shame. This poor man cried, and the Lord heard him, and saved him out of all his troubles. The Angel of the Lord will encamp around those who fear Him, and will deliver them.

O taste and see that the Lord is good; blessed is the man that hopes in Him. O fear the Lord, all you His saints; for there is no want for them that fear Him. The rich have become poor and have hungered; but they that seek the Lord shall lack no good thing. Come, O children, hearken unto me; I will teach you the fear of the Lord. Who is the man that desires life, who loves to see days that are good? Keep thy tongue from evil, and thy lips from speaking deceit. Turn away from evil, and do good; seek peace, and pursue it.

The eyes of the Lord are upon the righteous, and His ears unto their supplication. The face of the Lord is against them that do evil, to cut off the remembrance of them from the earth.

The righteous cried, and the Lord hear them, and He delivered them out of all their troubles. The Lord is nigh unto them that are broken in heart, and will save them that are humble in spirit. Many are the afflictions of the righteous, and out of them all shall the Lord deliver them. The Lord keeps all of their bones; not one of them shall be broken. The death of sinners is cruel, and they that hate the righteous shall do wrong. The Lord will redeem the soul of His servants, and none of them shall do wrong that hope in Him.

CHOIR: "Christ is risen from the dead, trampling down death by death and upon those in the tombs bestowing life!" (3x)

READER: Christ is risen from the dead, trampling down death by death and upon those in the tombs bestowing life! Through the Prayers of our Holy Fathers, through the Prayers of the Most Holy Theotokos and Ever-Virgin Mary, by the Power of the Precious and Life-Creating Cross, through the protection of the Bodiless Powers of Heaven, through the prayers of the Holy Glorious Prophet, Forerunner and Baptist John, through the prayers of the holy glorious and all-laudable Apostles, through the Prayers of all the North American Saints, through the prayers of _____ the patron of this Holy Temple, of The Great through the prayers of The Holy Myrrhbearing Women Ven. Theodore the Sanctified, disciple of Ven. Pachomius the Great whom we commemorate today, of the holy and righteous Ancestors of God, Joachim and Anna, and of all the saints, O Lord Jesus Christ Our God, have mercy on us and save us.

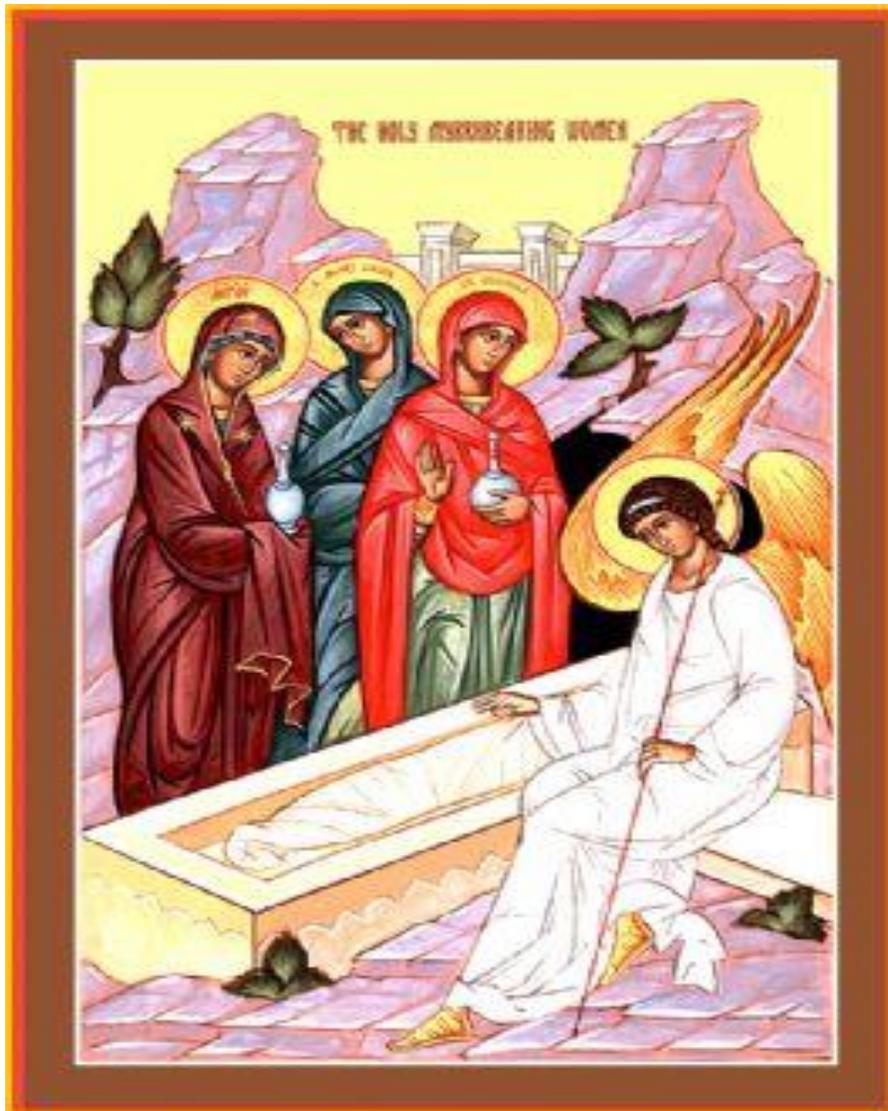
CHOIR: Amen.

(The faithful now come up and venerate the
Precious Cross and Icons in our Icon Corner.)

READER: Christ is risen from the dead, trampling down death by death

CHOIR: and upon those in the tombs bestowing life! And unto us He has given eternal life. Let us worship His Resurrection on the third day!

THE DIOCESE OF NEW YORK and NEW JERSEY “EDUCATION CORNER”



**THE 3RD SUNDAY OF HOLY PASCHA:
THE SUNDAY OF THE MYRRH-BEARING WOMEN**

Today we commemorate the Holy Myrrh-bearing women Sts Mary Magdalene (July 22), Mary the wife of Clopas, Joanna (June 27), Salome, mother of the sons of Zebedee (August 3), Martha and Mary, sisters of Lazarus (June 4). Also St Joseph of Arimathea (July 31), and Nicodemus.

The holy right-believing Queen Tamara of Georgia is commemorated twice during the year: on May 1, the day of her repose, and also on the Sunday of the Myrrh-Bearing Women.

On this third Sunday after Pascha, we honor the **myrrhbearing women** who cared for the body of the Saviour at his death and who were the first witnesses of his Resurrection. The three troparia of Holy Friday are sung once again and from the theme of the day:

The noble Joseph, when he had taken down Thy most pure body from the Tree, wrapped it in fine linen and anointed it with spices, and placed it in a new tomb. When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendor of Thy Godhead.

The angel came to the myrrhbearing women at the tomb and said: Myrrh is fitting for the dead, but Christ has shown himself a stranger to corruption! So proclaim: The Lord is risen, granting the world great mercy.

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THE SUNDAY OF THE MYRRHBEARING WOMEN

The third Sunday after the Feast of Holy Pascha is observed by the Orthodox Church as the Sunday of the Holy Myrrhbearers. The day commemorates when the women disciples of our Lord came to the tomb to anoint his body with myrrh-oils but found the tomb empty. As the woman wondered what this meant, angels appeared proclaiming that Christ had risen from the dead.

About the beginning of His thirty-second year, when the Lord Jesus was going throughout Galilee, preaching and working miracles, many women who had received of His beneficence left their own homeland and from then on followed after Him. They ministered unto Him out of their own possessions, even until His crucifixion and entombment; and afterwards, neither losing faith in Him after His death, nor fearing the wrath of the Jewish rulers, they came to His sepulcher, bearing the myrrh-oils they had prepared to anoint His body. It is because of the myrrh-oils that these God-loving women brought to the tomb of Jesus that they are called Myrrh-bearers.

Of those whose names are known are the following: first of all, the most holy Virgin Mary, who in Matthew 27:56 and Mark 15:40 is called “the mother of James and Joses” (these are the sons of Joseph by a previous marriage, and she was therefore their step-mother); Mary Magdalene (celebrated July 22); Mary, the wife of Clopas; Joanna, wife of Chouza, a steward of Herod Antipas; Salome, the mother of the sons of Zebedee; Mary and Martha, the sisters of Lazarus; and Susanna. As for the names of the rest of them, the evangelists have kept silence:

(Matthew 27:55-56; 28:1-10. Mark 15:40-41.
Luke 8:1-3; 23:55-24:11, 22-24. John 19:25; 20:11-18. Acts 1:14.)

Together with them we celebrate also the secret disciples of the Savior, Joseph and Nicodemus. Of these, Nicodemus was probably a Jerusalemite, a prominent leader among the Jews and of the order of the Pharisees, learned in the Law and instructed in the Holy Scriptures. He had believed in Christ when, at the beginning of our Savior’s preaching of salvation, he came to Him by night. Furthermore, he brought some one hundred pounds of myrrh-oils and an aromatic mixture of aloes and spices out of reverence for the divine Teacher (John 19:39).

Joseph, who was from the city of Arimathea, was a wealthy and noble man, and one of the counselors who were in Jerusalem. He went boldly unto Pilate and asked for the body of Jesus, and together with Nicodemus he gave Him burial. Since time did not permit the preparation of another tomb, he placed the Lord’s body in his own tomb which was hewn out of rock, as the Evangelist says (Matthew 27:60).

Life Is a Gift

Today before you say an unkind word - Think of someone who can't speak.

Before you complain about the taste of your food - Think of someone who has nothing to eat.

Before you complain about your husband or wife - Think of someone who's crying out to GOD for a companion.

Today before you complain about life - Think of someone who went too early to heaven.

Before you complain about your children - Think of someone who desires children but they're barren.

Before you argue about your dirty house someone didn't clean or sweep -
Think of the people who are living in the streets.

Before whining about the distance you drive - Think of someone who walks
the same distance with their feet.

And when you are tired and complain about your job - Think of the unemployed,
the disabled, and those who wish they had your job.

**But, before you think of pointing the finger or condemning another - Remember that not one of us
is without sin and we all answer to one MAKER.**

And when depressing thoughts seem to get you down - Put a smile on your face
and thank GOD you're alive and still around.

THE 2021 PASCHAL GREETINGS OF CHRIST IS RISEN! INDEED HE IS RISEN!

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GREETING

CHRIST IS RISEN!
CHRISTOS TENSIOU!
AL MASEEH QAM!
CHRISTOS ANESTI!
CHRISTOS VOSKRESE!
HRISTOS A INVIAT!
CRISTO ESTA RESUCITADO!
KRISHTI U NGJALL!
YESU MASIH ZINDA HO GAYA HAI!
CHRISTOS VOSKRESE!
CHRYSTOS UVASKROS!
KRISTE AGHSDGA!
CHRISTOS VOSKRES!
LE CHRIST EST RESURRECTE!
HA-MESHIHA QOM!
HARISUTOSU FUKKATSU!
CHRISTUS IST AUFERSTANDEN!
KRISTO ZMARTWYCKWSTAL!
YINQA HRLYSTOS!
KRISTO AMEFUFUKKA!
KRISTO GESSO!
CRISTO E'RISORTO !
UKRISTU UVUKILE!

RESPONSE

INDEED HE IS RISEN! *(English)*
BAHAKE TENSIOU! *(Eritrean)*
HAQQAN QAM! *(Arabic)*
ALITHOS ANESTI! *(Greek)*
VOISTINU VOSKRESE! *(Russian)*
ADEVARAT A INVIAT! *(Romanian)*
EN VERDAD, ESTA RESUCITADO! *(Spanish)*
VERTET U NGJALL! *(Albanian)*
HAANYAQEENAN WOZINDA HO GAYA HAI! *(Urdu)*
VOISTINA VOSKRESE! *(Bulgarian)*
SAPRAUDY UVASKROS! *(Belarussian)*
CHESMARITAD AGHSDGA! *(Georgian)*
VOISTINI VOSKRES! *(Ukrainian)*
EN VERITE, ILEST RESURRECTE! *(French)*
BE-EMET QOM! *(Hebrew)*
JITSU NI FUKKATSU! *(Japanese)*
WAHRHAFT AUFERSTANDEN! *(German)*
ZAPRAWDE ZMARTWYCKWSTAL! *(Polish)*
YINQA BEJ! *(Klingon)*
KWELI AMEFUFUKKA! *(Swahili)*
BUHAR HA SHO NAY! *(Korean)*
VERAMENTE E'RISORTO! *(Italian)*
UVUKILE KUPHELA! *(Zulu)*