

My Soul, Arise

Kontakion, Great Canon of St. Andrew of Crete

Znamenny Chant
Tone VI
J.Gulka

May be voiced for 2 part men or 2part women,
or sung in unison

♩ = 78

Soprano
Alto

Tenor
Bass

O my Soul,

3

S
A

T
B

My Soul!
A - rise! Why do you sleep?

5

S
A

T
B

The end draws near

6

S
A

T
B

and soon you shall be con - foun - - - - ded.

7

S
A

T
B

There - fore rise up so that Christ God

9

S
A

T
B

may spare you.

* 10

S

B

For He is ev - ery where and fills all things!

OIKOS

READER:

Beholding Christ's Life-Giving Fount open, and healing flowing to Adam, the Devil, grievously wounded, cried out in danger and called to his accomplices: What can I do to the Son of Mary? I am slain by this man of Bethlehem. **For He is everywhere and fills all things.***

**[The final phrase may either be read by the reader, or completed by the Choir]*

Holy Cross
 Josef Gulka
 III/90, Rev. III03