

The Typica

The following are read:

Psalm 102

Bless the Lord, O my soul; and all that is within me, bless his holy name! Bless the Lord, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good as long as you live so that your youth is renewed like the eagle's. The Lord works vindication and justice for all who are oppressed. He made known his ways to Moses, his acts to the people of Israel. The Lord is merciful and gracious, slow to anger and abounding in steadfast love. He will not always chide, nor will he keep his anger forever. He does not deal with us according to our sins, nor requite us according to our iniquities. For as the heavens are high above the earth, so great is his steadfast love toward those who fear him; as far as the east is from the west, so far does he remove our transgressions from us. As a father pities his children, so the Lord pities those who fear him. For he knows our frame; he remembers that we are dust. As for man, his days are like grass; he flourishes like a flower of the field; for the wind passes over it, and it is gone, and its place knows it no more. But the steadfast love of the Lord is from everlasting to everlasting upon those who fear him, and his righteousness to children's children, to those who keep his covenant and remember to do his commandments. The Lord has established his throne in the heavens, and his kingdom rules over all. Bless the Lord, O you his angels, you mighty ones who do his word, hearkening to the voice of his word! Bless the Lord, all his hosts, his ministers that do his will! Bless the Lord, all his works, in all places of his dominion. Bless the Lord, O my soul!

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Glory to the Father, and to the Son, and to the Holy Spirit

Psalm 145

Praise the Lord! Praise the Lord, O my soul! I will praise the Lord as long as I live; I will sing praises to my God while I have being. Put not your trust in princes, in sons of men, in whom there is no salvation. When his breath departs he returns to his earth; on that very day his plans perish. Blessed is he whose help is the God of Jacob, whose hope is in the Lord his God, who made heaven and earth, the sea, and all that is in them; who keeps his faith forever; who executes justice for the oppressed; who gives food to the hungry. The Lord sets the prisoners free; the Lord opens the eyes of the blind. The Lord lifts up those who are bowed down; the Lord loves the righteous. The Lord watches over the sojourners, he upholds the widow and the fatherless; but the way of the wicked he will bring to ruin. The Lord will reign for ever, thy God, O Zion, to all generations. Praise the Lord!

Now and ever, and unto the ages of ages. Amen.

Only Begotten Son

Only-begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the holy Theotokos and ever-Virgin Mary, who without change didst become man, and wast crucified, O Christ God, trampling down death by death, Who art one of the Holy Trinity, glorified with the Father and the Holy Spirit, save us.

The Beatitudes

In Thy Kingdom remember us, O Lord, when Thou comest in Thy kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those that mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are they that hunger and thirst after righteousness, for they shall be filled.

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Blessed are the merciful, for they shall obtain mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called the sons of God. Blessed are they that are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when men shall revile you, and persecute you, and shall say all manner of evil against you falsely for My sake. Rejoice and be exceedingly glad, for great is your reward in heaven.

The Kontakion

(Tone 4) When the Lord descended today into the waters of the Jordan He cried aloud to John: Do not be afraid to baptize me for I am come to save Adam the first-formed man.

Remember us, O Lord, when Thou comest in Thy kingdom.
Remember us, O Master, when Thou comest in Thy kingdom.
Remember us, O Holy One, when Thou comest in thy kingdom.

The heavenly choir praises Thee saying: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Thy glory.

Come unto Him, and be enlightened, and your faces shall not be ashamed.

The heavenly choir praises Thee saying: Holy, Holy, Holy, Lord of Sabaoth! heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of holy angels and archangels, with all the heavenly hosts, praises Thee saying: Holy, Holy, Holy. Lord of Sabaoth; heaven and earth are full of Thy glory.

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Now and ever, and unto the ages of ages. Amen.

The Creed

I believe in one God, the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the Son of God, the Only-begotten, begotten of the Father before all ages; Light of Light, true God of true God; begotten, not made; of one essence with the Father; by Whom all things were made; Who for us men, and for our salvation came down from heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man; And was crucified for us under Pontius Pilate, and suffered, and was buried; and rose again on the third day according to the Scriptures; And ascended into the heavens, and sits at the right hand of the Father; And shall come again with glory, to judge both the living and the dead; Whose kingdom shall have no end. And in the Holy Spirit, the Lord, the Giver of life; Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets. In One, Holy, Catholic, and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead, And the life of the world to come. Amen. It is truly meet to bless thee, O Theotokos, ever-blessed and most pure, and mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, without defilement you gave birth to God the Word, true Theotokos, we magnify you.

The Lord's Prayer

Our Father, Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

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Priest For Thine is the kingdom and the power and the glory of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

The reader then continues:

Lord, have mercy (12x).

Blessed be the name of the Lord henceforth and forevermore.

Blessed be the name of the Lord henceforth and forevermore.

Blessed be the name of the Lord henceforth and forevermore.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen

Lord, have mercy, Lord, have mercy, Lord, have mercy.

Father bless